

Pray For Your Wife

From "Power of a Praying Husband" by Stormie Omartian

"Lord, I pray that You would bless my wife today, and especially our marriage and our sexual relationship. Help me to be unselfish and understanding toward her. Help her to be unselfish and understanding toward me. Teach us to show affection to one another in ways that keep romance and desire alive between us. Where one of us is more affectionate than the other, balance that out. Help up to remember to touch each other in an affectionate way everyday. I pray that how often we come together sexually will be agreeable to both of us.

Show me if I ever hurt her, and help me to apologize in a way that will cause her to forgive me completely. Any time we have an argument or breakdown of communication, enable us to get over it quickly and come back together physically so no room is made for the devil to work. If ever the fire between us dies into a suffocating smoke, I pray that You would clear the air and rekindle the flame.

Help me to always treat my wife with respect and honor and never say anything that would demean her, even in jest. Help me to be considerate of her when she is exhausted or not feeling well. But I also pray that she would understand my sexual needs and be considerate of those as well. Only You can help us find that balance.

Make our sexual relationship fulfilling, enjoyable, freeing, and refreshing for both of us. May our intimacy bond the two of us together and connect our hearts and emotions as well as our bodies. Help us to freely communicate our needs and desires to one another.

Keep our hearts always faithful. Take out of our lives anyone or anything that would cause temptation. Where there has been unfaithfulness in thought or deed on the part of either of us, I pray for full repentance, cleansing, and release from it. Keep us free from anything that would cause us to neglect this vital area of our lives. May our desire always be only for each other. Renew and revitalize our sexual relationship and make it all You created it to be."

