

“Hope for the Caregiver” Conference Schedule at a Glance

Time

General Sessions & Breakouts

9:00–9:20 a.m.

Welcome – Loft 456

9:30 a.m.–3:20 p.m.

Vendors & Resources (open throughout the day) – The Edge

9:30–10:20 a.m.

Compassion Fatigue: Managing Caregiver Stress

Danny Mack – Self-Care – Loft 456

Social Security Basics and Options

Mike Raitt – Financial – Room 302

Planning Respite Care for Your Loved Ones

Laura Lester – Caregiving – Room 303

The Final Plans: “The Conversation”

Cheryl Devoto – Caregiving – Room 304

Giving Care, Getting Care: Find the Proper Balance

Mirchelle Louis – Cancer Support – Room 305

Recharging Yourself to Be a Healthy Caregiver

Michelle Teague – Self-Care – Room 306

The Basics of Alzheimer’s

Jim Colbert – Memory Care – Room 307

The Virtual Dementia Tour (15 people maximum)

Silverado Communities – Memory Care – Room 308

10:30–11:20 a.m.

Fear and Guilt as a Caregiver and How to Turn That into Hope

Vic Mazmanian – Self-Care – Loft 456

Social Security Basics and Options

Mike Raitt – Financial – Room 302

Tips and Strategies for Dealing with Loved Ones with Dementia

Tom Brewster/Mary Kasinger – Caregiving – Room 303

Caring for My Family While Caring for Foster & Adoptive Children

David & Cara Von Tress – Foster Care/Adoption – Room 304

Cancer Support Groups for Patients and Caregiver
Joe & Terri Fornear – Cancer Support – Room 305

The Final Plans: "The Conversation"
Cheryl Devoto – Caregiving – Room 306

The ABCs and D's of Medicare
Mona Odom – Financial – Room 307

The Virtual Dementia Tour (15 people maximum)
Silverado Communities – Memory Care – Room 308

11:30 a.m.–12:20 p.m.

Finding Peace on the Journey
Lunch and Keynote Speaker – Steve Roland

12:30–1:20 p.m.

Caregiver Stress & Family Emotional Baggage: The Hope for God's Healing
Vic Mazmanian – Self-Care – Loft 456

The ABCs and D's of Medicare
Mona Odom – Financial – Room 302

Understanding Hospice
Betsy Magness – Caregiving – Room 303

Positive Tips for the Long Haul
Mary Klentzman – Special Needs – Room 304

Essential Planning for Long-Term Care Needs
Mark Pruitt – Financial – Room 305

Exercise for Fitness
Roland Jehl – Self-Care – Room 306

Climbing the Dementia Mountain
Della Pruitt – Memory Care – Room 307

The Virtual Dementia Tour (15 people max.)
Silverado Communities – Memory Care – Room 308

1:30–2:20 p.m.

If Aging Is a Journey, Where Is My Road Map?
Cheryl Acres – Caregiving – Loft 456

Alzheimer's Research Update
Rebecca Logan – Memory Care – Room 302

Senior Home Care 101

Brian Partin – Caregiving – Room 303

The Importance of Faith in Your Journey

Helen Morris/Carol Slater – Special Needs – Room 304

Essential Planning for Long-Term Care Needs

Mark Pruitt – Financial – Room 305

General Health and Wellness

Roland Jehl – Self-Care– Room 306

Understanding Hospice

Betsy Magness – Caregiving – Room 307

The Virtual Dementia Tour (15 people max.)

Silverado Communities – Memory Care – Room 308

2:30–3:20 p.m.

Top Questions to Ask When Touring a Senior Living Option

Paul Markowitz – Caregiving – Loft 456

The Caregiver's Dilemma

Stephen Hood – Caregiving – Room 302

Senior Home Care 101

Brian Partin – Caregiving – Room 303

The Importance of Faith in Your Journey

Helen Morris/Carol Slater – Special Needs – Room 304

When Is Memory Loss Not Just a Part of Getting Old?

Silverado Communities – Memory Care – Room 305

Housing Transition Challenges for Seniors

Ron Blume – Caregiving – Room 306